



LIWARA CATHOLIC SCHOOL

Newsletter No 7 17 May 2017

5 Tuart Street Greenwood

9448 3811

CALENDAR DATES

MAY

Sun 21 9am Family Mass
Wed 24 Cross Country Carnival
Tue 30 ICAS Science

JUNE

Thur 1 Eucharist Retreat
Mon 5 Public Holiday
Fri 9 Winter Lightning Carnival
10 & 11 Eucharist Masses
Thur 15 9am Mater Dei Big Band Perform
17 & 18 Eucharist Masses
19 & 20 PUPIL FREE DAYS
Wed 21 Eucharist Celebration at Liwara
Thu 22 9am Dental Screening
Fri 23 Interschool Cross Country
Fri 23 Reports to go home
24 & 25 Eucharist Certificate Masses
Mon 26 Parent Meetings - Report
Fri 30 9am End of term Mass - Year 4
Fri 30 Students last day of Term

PRAYER FOR UNDERSTANDING

May I come to Understand,
that blessings are everywhere,
that my attitude will effect outcomes,
that challenges are often gifts in disguise.

May I come to Trust
that most things can get better, with time,
that my instincts & gut feelings have value,
that a positive attitude makes things go smoother.

May I come to See
that I have many skills & talents I can use,
that I am a positive influence on many people,
that there are those around me who wish me well.

May I come to Value
that today is a blessing to be enjoyed,
that each person is unique & important,
that each moment of my life has meaning.

A MESSAGE FROM THE PRINCIPAL

MOTHER'S DAY CELEBRATIONS: I safety at all times, it is an expectation would like to extend my thanks to all that any student being picked up via the who were involved in preparing for our drive through accesses, top carpark 3 & Mother's Day Mass and morning tea. bottom carpark 1, assemble with the We began our day with inviting all our duty teacher at the appropriate gate. I mums, carers, grandmothers & aunties thank you for making sure our students to join us at the regular parish morning get safely home at the end of the day. Mass which was led by our Year 2 students. At the end of the Mass our

REPORTING: This year, we are introducing a separate report insert to be included in the student's semester reports, Year 1—Year 6. The —**Report Elaboration**— will be in the form of a single sheet, attached to your child's Semester One & Semester Two Reports. The Report Elaboration is an integral part of the student's individual report as it will give an accurate and objective assessment of the student's progress and achievements. The assessments will be clear for parents to see where their child's strengths and areas of weakness are and they will be able to clearly identify how the overall learning area children are gathering at the top, grade was awarded. A sample of the supervised gate, closest to the Year 5 Report Elaboration will be shared in the class. In the interests of our students

DRIVE THROUGH PICK UP AREAS: A big 'THANK YOU' to all our 'top drive through drivers' who ensure their children are gathered at the top, grade was awarded. A sample of the supervised gate, closest to the Year 5 Report Elaboration will be shared in the class. In the interests of our students



All Saints Catholic Church

PARISH PRIEST: FR ELVER DELICANO

ADDRESS: 7 LIWARA PLACE, GREENWOODWA 6024

TEL: 9447 6225 FAX: 9246 2692

MOB: 0435 173 454 (for urgent pastoral needs only)

PARISH EMAIL ADDRESS:

greenwood@perthcatholic.org.au

PARISH OFFICE OPENING TIMES: MONDAY,

WEDNESDAY & FRIDAY 10:00AM TO 3:00PM

MASSSES: Mon-Fri 9:00am Wed Eve - 6:45pm - Saturday 9:00am & Vig il - 6pm - Sunday 7:30am, 9:00am, 10:30am & 5:30pm (anointing every 2nd Saturday of month)

Reconciliation: Saturday 9:30am-10:00am and 5:00pm - 5:30pm or by request.

All Saints Parish 24:7 Greenwood Youth Group

For all youth in Years 6-12

Every Sunday night 6.30-8pm @ the Ahern Centre (Liwara Catholic Primary School)

For more info call Lynn 0452 413 942 or Lionel 0405 107 841

RE-DEVELOPING OUR OVAL PLAYGROUND—BUSY BEE: Keep an eye on this space as we will soon be advertising the date for the keenly anticipated busy bee, before winter sets in. We have had an amazing response from our families with 31 slips returned and many of them stating that both parents will be in attendance. I will be sorting out the materials needed for the different play spaces soon and the logistics of sourcing and obtaining the necessary materials from suppliers, free or at a reasonable price. I will be sending out requests to our community, in the next few days, once the list of materials has been collated. If you are able to help out please send your name through to the front office as soon as possible. I thank you once again for your generosity of time and talents.

Wishing you God's blessings.

Andrea Millar
Principal



FROM THE ASSISTANT PRINCIPALS

FAMILY MASS

Liwara Family Mass will be celebrated on Sunday 19 May at 9:00am. All families are welcome to attend and we would love to see as many children as possible in the choir.

CERTIFICATE ASSEMBLY

There will be a Certificate Assembly held on Friday 19 May commencing at 9:00am in the Ahern Centre.

LAP- A- THON

The P & F will be hosting the Lap-a-thon this Friday 19 May commencing at 9:30am on the oval. Information flyers have already been sent home.

LIWARA CROSS COUNTRY CARNIVAL

The Liwara Cross Country Carnival will be held on Wednesday 24 May.

CLASS ASSEMBLY

Year 3 will be presenting their Class Assembly on Friday 26 May at 9:00am in the Ahern Centre. All are welcome to attend.

EUCHARIST RETREAT

The Year 4 students are preparing to receive the Sacrament of Eucharist. As part of this preparation the students will be going on a retreat on Thursday, 1

June. We wish them well on their preparation journey.

LifeLink 2017

The annual LifeLink Appeal is being held again this year. LifeLink Day is both an educational and fundraising initiative of the Archbishop of Perth to support its Church agencies to assist the needy.

This year, students will be asked to purchase, from their class teacher, a LifeLink Heart for \$2 which will then be decorated with a prayer or message. Once complete, the Heart will be attached to a craft stick for the purpose of placing it in a plot with other Hearts from all the other Catholic School students within the Diocese.

This will be done by a delegation of Year 6 Liwara students who will attend the LifeLink Launch at Newman College on Wednesday June 7.

Please support this cause by assisting your child to purchase the Heart for \$2 from their class teacher.



Perspectives on Christian Parenting

Dear Parents

In 1963 the singing group called, "Peter, Paul and Mary" had a top-hit written for them by Bob Dylan; the last three lines of the first verse were:

"Then you'd better start swimming
Or you'll sink like a stone
For the times, they are a changin'."

There's no doubt that in every year "times are a changin'," and as columnist, Peter Dingle tells us, sometimes it can be challenging:

"Sometimes change is painful, but difficult change can bring us the greatest rewards and deepest satisfaction. Without a willingness to change and to challenge ourselves, we remain trapped in the past, locked into our conditioned patterns of behaviour. Life-changing events such as a major illness, loss of a job, breakdown of a relationship or the death of a loved one can bring with them out greatest pain and also the greatest opportunity to challenge ourselves. Whether it be emotional or physical pain, there is an enormous opportunity to grow; or as Paramahansa Yogananda said in Journey to Self Realisation, 'Your trials do not come to punish you, but to awaken you.'"

Here's a little story about someone who got a "rude" awakening: "There was once a wealthy businessman who invited a group of guests around to his house for a party. As they were standing around the swimming pool, he points out to them that there is a shark swimming in it. 'I'll give a million dollars or the hand of my beautiful daughter in marriage, to the man who dares to swim one length of that pool.' Immediately, there is a splash and he turns around to see a man in his pool, swimming with all his might towards the far end. The swimmer makes it and scrambles out just before the shark gets to him.

The businessman rushes around to congratulate him. 'Well, my friend, which will it be, a million dollars or the hand of my daughter?' 'All I want,' the man spluttered breathlessly, 'is the name of the so-and-so who pushed me in!'"

Author unknown.

If we have had a difficult experience in our life, we might need a "push" to get things started again. Accepting what's happened to us will not change our circumstance but it can change our thoughts and feelings. There is no doubt that it takes courage to maintain a focus on the change we need to achieve and it takes wisdom to perceive problems as opportunities for personal development.

Living is a mix of experiencing both paths of life, peace and turmoil, opportunity and disappointment, gain and loss. However, obstacles, setbacks and hard times have the potential to make us the best we can be.

**"May God shield you in every steep place.
May Christ steady you on every rough path.
May Spirit go with you through every dark pass." Ancient Celtic Blessing.**

Peace and Best wishes

Kid's Corner

CONSTABLE CARE INCURSION

On Wednesday 31 May we will have 'Constable Care' coming to the school to perform two interactive drama pieces that will reinforce the key messages of Protective behaviours and online safety.

The Year 1 - 3 students will attend 'Fun Scary'.

Key messages about this performance:

- ◆ There is a difference between keeping 'safe' and 'unsafe' secrets.
- ◆ Our bodies give us warning signs when we are feeling unsafe.
- ◆ Telling a trusted adult if you ever feel the 'bad' sort of scared or you don't feel safe.
- ◆ Telling an adult again if they don't listen to you the first time.
- ◆ Sometimes you might need to move to the next trusted adult on your 'trusted hand network'.

The Year 4 - 6 students will be attending 'Screen Name'

Key messages of this performance:

- Not everyone we meet online is honest about their true identity.
- There are safe actions we can take to protect ourselves online.
- Always tell someone you trust (preferably an adult) if you are concerned about something you experienced online that made you feel unsafe.
- Ensure your personal information is protected online.
- There are real risks involved in meeting an online contact face to face, as you can never be sure they are who they say they are.



WELCOME!

LIWARA Catholic Primary School

OUTSIDE SCHOOL HOURS CARE

Hello from the OSHC team,

Are you familiar with any of the following stories?

- James and the Giant Peach
- The Enormous Turnip
- The Giant Jam Sandwich

Well..... last week we were given a GIANT, ENORMOUS, HUMUNGOUS watermelon. The watermelon was a gift from Mrs. Millar who grew the watermelon in her garden. The OSHC children are a very, very curious group and wanted to find out how much such a huge watermelon weighed.

So..... the children and even parents were given the opportunity to 'guess' the weight of the watermelon. Guesses ranged from .7kg – 100kg. To keep this strictly scientific the children made their guesses and gathered around the scales and much to the delight of James B and Yoshabel their guesses of 10.5kg came closest to the actual weight of 10.2kg . Thank you Mrs. Millar for the GIANT watermelon that we have eaten and enjoyed.



Regards
Gaye Margetic & the OSHC Team



SOCIAL WORKER'S CORNER

Dear Parents

Please see the information below about an upcoming Parent/Child workshop being run by URSTRONG on 20 June. There is both a Junior (Year 1 to 3) program and Years 3 to 6 being run on the same evening.

I would especially encourage our Year 4 parents to attend, with their child, as this greatly supports the work we are doing each week in the classroom with our Friendology 101 program being run all this term.

Please think about making the extra effort to attend as I am sure you will find it to be of great help and benefit and worth the effort.

JANE EVANS

URSTRONG

THE LANGUAGE OF FRIENDSHIP

Internationally-recognized friendship programme that empowers tweens with the skills, language, and self-confidence to be better friends and develop healthier relationships.

Kate Walton, Licensed URSTRONG Presenter, is excited to be working with the families of Kyllia Primary School! Through interactive parent and child activities, parents will learn strategies to help their child put out Friendship Fires®, how to put a voice to their feelings, and the best ways to support their child through unhealthy friendships.

Tuesday 20 June 2017

LANGUAGE OF FRIENDSHIP JR.	LANGUAGE OF FRIENDSHIP
For students in Years 1 & 2 and their parents; tickets are \$27.50 per person	For students in Years 3 to 6 and their parents; tickets are \$33 per person
4.00pm to 5.30pm	6.00pm to 8.00pm
REGISTER HERE	REGISTER HERE

Location
Founders Centre, Multipurpose Room at Perth College
32 Queens Crescent, Mount Lawley, WA

Registration Required!
Tickets to the workshop include a folder with handouts, pencils and stickers, and an opportunity to ask Kate questions one-on-one.

To register, please go to:
<https://www.urstrong.com/Events/>

To learn more about URSTRONG programs please visit
www.urstrong.com or email info@urstrong.com.

Kate walton
Licensed URSTRONG Presenter

Book your tickets now!!

Kids Rule

Empower Kids!

Sustainable Living

FOOD FOR THOUGHT

What is a healthy zero waste lunch?

A healthy zero waste lunch does not contain throwaway packaging or produce food waste. It also reduces litter because there is less packaging. The typical healthy zero waste lunch is packed in a lunch box or bag. The food is put in reusable containers rather than wrapped in disposable packaging, a drink is in a refillable bottle and all containers are resealable so that leftover food and drink can be saved for later.



Why should we have a healthy zero waste lunch?

By bringing less waste into schools we can minimise litter, reduce waste going to landfill, save money and develop healthy eating habits. Producing excessive amounts of waste is a major problem in Australia, with Australia being the second highest producer of waste per person when compared to other western countries. Australians produce 41 million tonnes of waste each year. This amount of waste would fill a line of garbage trucks from Perth to London. Recent statistics also reveal that WA produces significantly more waste than the rest of Australia and diverts the smallest amount of waste from landfill (Hyder Consulting, 2008). These statistics highlight the need for an immediate reduction in our waste production.



GENERAL SCHOOL NEWS

ACHIEVEMENT CERTIFICATES PRESENTED - 5 May 2017

PPG Maddison Fryters, Kayla Grant
PPR Samuel McCallum, Rafael Pears

1G Lucas Towart, Jett Sims
1R

2G Sebastian Magorian, Grace Candeias
2R

3G Jim Sadler, Aaron Craig
3R Jamie Sadlo, Jordan Manifold

4G Ella Johnston, Asha Healy
4R Cash Nation, Lucy Moala

5G Sahara Lees, Aidan Lamb, Zak Ellis
5R Cody Molloy, Maria Reyes

6R Kallan Holdway, Eloise Moala
6G Alex Scarpel, Zane Sims

CANTEEN NEWS

Please be aware that there have been some changes in prices on the new Menu this term.

We still require some parent assistance in the Canteen, if you are able to spare some time, please give me a call.

FRIDAY	19 May	Helen
MONDAY	22 May	HELP REQUIRED
TUESDAY	23 May	HELP REQUIRED
THURSDAY	25 May	HELP REQUIRED
FRIDAY	26 May	Mary Flack
MONDAY	29 May	Michelle Richards
TUESDAY	30 May	Mary Flack
THURSDAY	1 June	HELP REQUIRED
FRIDAY	2 June	Naomi Higgie

Liwara C.P.S.

Cross Country Carnival

Timetable for Wednesday
24 May 2017

- Preprimary - 09:00am.
- **Year 1's** - 09:25am.
- **Year 2's** - 09:50am.
- **Year 3's** - 11:00am.
- **Year 4's** - 11:50am.
- **Year 5's** - 13:30am.
- **Year 6's** - 14:10pm.

All students to wear sports uniform (faction t-shirt).

Students can wear runners of their choice.

UNIFORM SHOP

NEW OPENING HOURS TERM 2

FRIDAYS
8.00am - 9.15am AND 2.30pm -3.15pm

***WE WILL NOT BE OPEN
ON MONDAYS
FOR TERM 2.***

For your convenience our online ordering is quick and easy !!

UNIFORM SHOP

FRIDAYS ONLY

**8.00am - 9.15am AND
2.30pm -3.15pm**

***WE WILL NOT BE OPEN
ON MONDAYS FOR TERM 2.***

Please direct enquiries to
uniformshop@liwara.wa.edu.au

Order Forms available on website
Full payment is required on ordering. Orders will be
dropped off at your child's class on Monday mornings.

Outside School Hours Care

Before & After School Care
Vacations Care

Contact Centre Supervisors
0477 994 123

PLEASE BOOK NOW
TO AVOID DISAPPOINTMENT



Absentee Line

SMS - 0419 915 606
for the absentee line before **9.30am**.

Leave the child's name, class and a brief
description for the absence.

*Please do not reply to the computer generated absentee text
sent to you if your child is not at school. We do not receive it.*



CANTEEN
Contact Helen: 9447 5133

COMMUNITY NEWS



**SACRED
HEART
COLLEGE**

Hocking Parade, Sorrento 6020 WA
TEL (08) 9246 8200
FAX (08) 9448 7994
www.sacredheart.wa.edu.au



Let's keep in touch!
OUR BRAND NEW ALUMNI MAGAZINE IS COMING!

DO YOU KNOW FORMER SACRED HEART STUDENTS WHO HAVE RECENTLY:

- become a parent?
- become engaged/married?
- passed away?
- had a career achievement?

Please let us know by emailing heartbeat@sacredheart.wa.edu.au by Wednesday 24 May.

To ensure you do not miss out on the bi-annual publication, register on our Alumni website www.alumni.sacredheart.wa.edu.au

Sacred Heart College's brand new Alumni magazine is coming!

If you are an ex-student of the College and have recently become a parent, become married/engaged, had a career achievement or know of any ex-students who have unfortunately passed, please let us know by emailing:-

heartbeat@sacredheart.wa.edu.au.

To ensure you do not miss out on our first publication, please register at:- alumni.sacredheart.wa.edu.au.