



LIWARA CATHOLIC SCHOOL

Newsletter No 4 23 March 2017

5 Tuart Street Greenwood

9448 3811

CALENDAR

MARCH

- Thur 23 Inter School Swim Carnival
- Tue 28 School Photos
- Wed 29 School Photos
- Thurs 30 Reconciliation Retreat

APRIL

- Sat 1 Reconciliation (9.30am & 2pm)
- Fri 7 End of Term Mass (9am)
- Fri 7 Students last day of Term

Our Mission

We gather as a community of believers in a Catholic environment to develop in each child a sense of wonder of learning.

With the essential support of parents, our Mission is *to empower children to be faith filled, confident and fully rounded, life-long learners.*

Our Vision

Our Vision is a community with strong connections where every student has a sense of belonging, feels safe and is known by name and need.

As our motto suggests, we strive to be a place of *Strength in Community.*

A MESSAGE FROM THE PRINCIPAL

Welcome to Week 8 of Term 1

Dear Families

We are currently heading into the third week of Lent and it is good time to reflect on this special season in the Church year which lasts for forty days and leads us to Easter. Lent is a time of prayer. Lent is a time for reflecting on the way we live our lives. Lent is a time for examining our hearts and being willing to make changes by being better people.

- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your heart with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

PRE KINDY & KINDY 2018

Applications for Pre-Kindy and Kindergarten in 2018 are currently being processed and I urge you to contact the office if you have a child who is eligible to attend and who has not yet been enrolled. The places are filling fast so it is imperative you contact the office, immediately for an enrolment form, if you have not enrolled your child for Pre Kindy or Kindy 2018.

God Bless
Andrea Millar

THOUGHTS ON LENT FROM POPE FRANCIS

Do you want to fast this Lent?

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and trust in God.



All Saints Catholic Church

PARISH PRIEST: FR ELVER DELICANO

ADDRESS: 7 LIWARA PLACE, GREENWOOD WA 6024

TEL: 9447 6225 FAX: 9246 2692

MOB: 0435 173 454 (for urgent pastoral needs only)

PARISH EMAIL ADDRESS:

greenwood@perthcatholic.org.au

PARISH OFFICE OPENING TIMES: MONDAY,
WEDNESDAY & FRIDAY 10:00AM TO 3:00PM

MASSES: Mon-Fri 9:00am Wed Eve - 6:45pm - Saturday 9:00am & Vigil - 6pm - Sunday 7:30am, 9:00am, 10:30am & 5:30pm (anointing every 2nd Saturday of month)

Reconciliation: Saturday 9:30am-10:00am and 5:00pm - 5:30pm or by request.

247 GREENWOOD YOUTH GROUP

For all youth in Years 6 - 12

Meets every Sunday night 6:30-8pm in the A.hern Centre. For more information call Lynn 0452 413 942 or Lionel 0405 107 841

Parent-teacher interviews are a great way to find out about your child's progress at school. By going to parent-teacher interviews, you also show your interest in your child's learning and school life.

Throughout your child's time in primary school, you'll be invited to attend parent-teacher interviews, twice a year. These are usually just short meetings –about 10–15 minutes—between you and your child's teacher or teachers. Every parent is invited to attend at least one interview a year. Being invited to a parent-teacher interview doesn't mean there's a problem with your child's progress.

Interviews might be held during school hours, before or after school, or in the evening. Your child will usually bring a note home that outlines the available times or the information is posted on the Skoolbag App. It's good to make a time when both parents can go along, if you can. If you can't manage any of the available times, you could email the teacher to arrange another time. It's important to be on time for parent-teacher interviews. But be aware that teachers might be running late because previous interviews have run over time.

Parent-teacher interviews give you a great opportunity to:

- ⇒ Learn more about your child's academic, emotional and social development
- ⇒ Meet and get to know your child's teachers
- ⇒ Help your child's teachers understand more about your child
- ⇒ Make plans with the teacher about how you can both support your child
- ⇒ Build a relationship with your child's school

If you don't have any particular concerns, you might wonder whether it's worth going to parent-teacher interviews. But going along is **one way to show your child that you're interested in his/her learning** and what's happening for them at school. Of course if you do have concerns, it's a chance for you to raise them with your child's teacher, if you haven't done that already.

To get the most out of parent-teacher interviews, it helps to be well prepared. Interviews for children at Liwara are usually held around the time school reports go home. One of the first things you can do is read your child's report carefully and note down anything you want to ask.

It's useful to have a few other questions in mind too. For example:

- ⇒ What are my child's strengths?
- ⇒ What does my child struggle with?
- ⇒ How much homework should my child be doing every night?
- ⇒ What can I do at home to help my child with schoolwork?
- ⇒ What can you tell me about my child's behaviour in class?
- ⇒ How is my child getting along with other students?
- ⇒ What support services are available for my child at this school?

If you don't get through everything you want to discuss, you might need to arrange another meeting with your child's teacher. Being open and friendly will set you up for positive communication with the teacher. You can show that you respect what the teacher is saying by listening carefully and trying not to become too defensive, even if you disagree with the feedback.

It's important to get as much out of the meeting as you can, so it's OK to be direct when you need to be. For example, ask the teacher to explain, clarify or expand on a point if you don't understand or fully grasp what's being said.

DEVELOPING YOUR CHILD'S SOCIAL MEDIA SCRIPTS

by Michael Grose

It's important to start conversations with children about using social media at a young age to prepare them to be savvy users when we're not around. *If a job's worth doing, it's worth doing well.* "



This mantra always pops into mind whenever I'm about to cut some corners or do a rushed job in any endeavour. As a result I double check every article I write for mistakes. I over prepare every talk I give. And I continually edit and re-edit my books. This message keeps me at the top of my game. I can thank, or blame, my mother for inserting this mantra in my mind as she repeated it whenever I did a rushed job as a youngster making my bed, doing homework or cleaning up my bathroom mess.

Parents of every generation have always found ways to frame messages of safety and success for their children to remember. Parents of past generations who only had to contend with the offline or real world intuitively knew that they needed to teach children important lessons about safety and manners rather than assume they'll be understood.

The same maxim holds true for the world of social media that children now inhabit from an increasingly young age. Even though our children are growing up with technology as a part of their every day lives, they will still make plenty of mistakes while using it. This means we need to have direct conversations with our kids about the comments and posts that are okay to make using social media of all forms.

As parents we teach our kids to talk politely and clearly so that they know how to speak to others when we're not around. In effect, we give our kids social scripts to fall back on when they talk to friends, teachers and relatives. There's no guarantee they'll look an adult in the eye when they speak to them, but our discussions, reminders and lessons about manners will hopefully hold up when we're not around.

The same applies to social media. Our conversations and lessons will prepare them to be savvy users when we're not around. Here are some ideas to get you started:

1. ***"Is this worth posting?"*** The relatively impersonal nature of social media means that we can post information and pictures with relative immunity. Also its immediacy means that we can do so without much thought. This means that kids need to be very critical about what they see online. *'Is this accurate?'* and *'Is this worth posting?'* are two valid questions children can ask when they read posts placed by others.
2. ***"Have you taken a big breath?"*** "A child who blurts out everything that comes into his mind without thinking is sure to put plenty of people offside. *'Think before you speak'* is the type of message that every child should have in mind. The same applies to social media. Just because they think something doesn't mean they post it. *'Take a big breath'* may just about be the most important message to give your kids about social media.
3. ***"Do you want the principal to see this?!"*** An invitation to a teenage birthday party posted on social media is one way to get more attendees than you bargained for! The viral nature of social media means that kids should only post messages and photos that they want to be spread and read by a large audience.
4. ***"How does this post make you feel?"*** We need to teach kids that not every post needs to be commented upon and not every thought needs to be shared, particularly when they are angry. Teaching them to walk away and then to step back in when they've calmed down is perhaps the most important communication lesson of all. It is very relevant to social media as emotions are often the last thing on many people's minds when they haphazardly post a message.
5. ***"How will you fix this?"*** Social media just like any social space requires kids to behave ethically and with kindness. When kids overstep the mark and post hurtful things then it's fair that they fix their mistakes and apologise. It's reasonable that we teach our children to act with tolerance and with empathy online, and if mean things are posted then they should be expected to try to repair relationships through social media, just as they should offline.

I agree with *Galit Breen* author of *Kindness Wins* who says that parents should have conversations with children around social media before they reach the teenage years. Starting these conversations when they are younger means that they are more open to our parenting opinions, as well as being a little more amenable to the messages of tolerance, kindness and empathy that we need to encourage.

FROM THE ASSISTANT PRINCIPALS

PROJECT COMPASSION

Week 4: Nguyet's story - Vietnam.
Love Your Neighbour



Nguyet lives with a severe disability, and has suffered isolation in her native Vietnam as a result. A Caritas-supported program offered her education, creative outlets and much-needed community interaction.

<http://www.caritas.org.au/projectcompassion>

RECONCILIATION

The Sacrament of Reconciliation will be celebrated on Saturday 1 April at 9:30am and 2:00pm in the Church.

CERTIFICATE ASSEMBLY

There will be a Certificate Assembly on Friday 24 March in the Ahern Centre commencing at 9:00am.

CLASS ASSEMBLY

Year 5 will present their Class Assembly on Friday 31 March.

END OF TERM MASS

Year 3 will be preparing the Whole School Mass to be celebrated on Friday 7 April commencing at 9:00am.

HOLY WEEK CELEBRATIONS

To commemorate Holy Week, which will be celebrated during the school holidays, Pre Primary to Year 6 will be hosting different prayer services during the week. These prayer services will be held in the Ahern Centre starting at 9am.

Monday 3 April – Pre Primary and Year 1 will host Palm Sunday
Tuesday 4 April - Year 2 will host Holy Thursday
Wednesday 5 April - Year 4 and Year 5 will host Good Friday
Thursday 6 April - Year 6 will host Easter Sunday
Friday 7 April - Year 3 will host the Whole School Mass at 9:00am in the Church

CITIZENSHIP AWARD

The Citizenship Awards (Trust Value) for each class will be presented at the conclusion of the Whole School Mass on Friday 7 April.

SCHOOL PHOTOS

Last week, envelopes for ordering School Photos were sent home with the students. Parents can order online or students can bring the envelope to the photo shoot with payment inside.

Class and individual photos will be taken on Tuesday 28 and Wednesday 29 March during class time, all students are asked to wear their correct school summer uniform.

Envelopes for Family Photos can be obtained from the school office and they will be taken before school commencing on Tuesday at 8.10am for those with surnames A-L and 8.00am on Wednesday for those with surnames commencing M-Z.

See School photo schedule below for details.

SCHOOL PHOTOS SCHEDULE.

| Tuesday 28 March | | Wednesday 29 March | |
|------------------|---------------------|--------------------|---------------------|
| 8.00 | Staff | 8.00 | OSHC |
| 8.10 | Family Photos (A-L) | 8.10 | Family Photos (M-Z) |
| 9.10 | KR | 9.10 | PK |
| 9.30 | KG | 9.30 | 1R |
| 9.50 | PPR | 9.50 | 1G |
| 10.10 | PPG | 10.10 | 5R |
| Recess | | Recess | |
| 11.00 | 3R | 11.00 | 5G |
| 11.20 | 3G | 11.20 | 6R |
| 11.40 | 2R | 11.40 | 6G |
| 12.00 | 2G | 12.00 | Graduation |
| 12.20 | | 12.20 | Choir |
| 12.40 | Lunch | 12.40 | Rock band |
| 1.30 | 4R | | |
| 1.50 | 4G | | |

GENERAL SCHOOL NEWS

ACHIEVEMENT CERTIFICATES PRESENTED - 10 MARCH 2017

PPG Blake Bialy, Leila Croxford
PPR Charli Slevin, Connor Clark

1G Lily Hales, Matthew Staniforth
1R Ruby Deurloo, Max Frediani

2G
2R

3G Seanna Ravi, Claire McCallum
3R Eva Conroy, Finn Allsworth

4G
4R Brice Irvine, Sarah Thorsen

5G *On Camp*
5R *On Camp*

6G Nicolas Rose, Holly Agostino, Baylee Burton
6R Meg McAullay, Chanel Villarba

UNIFORM SHOP

**NEW OPENING HOURS
FOR TERM 2**

**FRIDAYS
8.00am - 9.15am
AND 2.30pm - 3.15pm**

**WE WILL NOT BE OPEN
ON MONDAYS FOR TERM 2.**

For your convenience our online ordering is quick and easy !!

**Term 1 holiday Opening Time
Friday 21st April 3.00 - 5.30pm**



Lenton Focus in the Admin Office.

CANTEEN NEWS

NEW ITEM IN CANTEEN

Apple Chips 100% Natural - \$2.00

“MONDAY SPECIAL”

Spaghetti & Meatballs \$4.50

(Until end of Term 1)

With thanks
Helen Miller

| | | |
|----------|--------|------------------|
| FRIDAY | 24 Mar | Mandy Kerridge |
| MONDAY | 27 Mar | Lox Fox |
| TUESDAY | 28 Mar | Cathy Czerwionka |
| THURSDAY | 30 Mar | Mary Flack |
| FRIDAY | 31 Mar | Simone Lopresti |

Perspectives on Christian Parenting

Dear Parents

Have you ever come across your children having a “friendly” and heard an exchange similar to this: “Ha! Ha! Ha! So you think you’re a bit of a wit. Probably half right!”

“Yeah! Yeah! Well they say that ignorance is bliss; so why aren’t you more happy?” Please, don’t despair and question your ability to instil into your children virtues such as kindness, gentleness and sensitivity. In a few years time, you will probably come across them giving to their own children that very advice they rejected from you.

In her rather controversial book, “The Nurture Assumption”, Judith Rice Harris put forward the following ideas:

- That researchers spent far too much time looking at a child’s home environment and far too little time on the environments the child has outside the home; the two environments have equal influence.
- That children learn separately how to behave in their various environments; they do not assume that what works in one place, will work elsewhere.
- That children quietly pick up the language and culture of the world outside their home and, as they get older, leave the language and culture of their home behind.

So, what might we do in our home environment to assist our children to be successful in the environments outside our home? The answer is to continue to provide good nurture, with plenty of love and encouragement that has sensible structures and boundaries. We can make every effort to ensure that our children attain crucial character traits such as self-control, honesty, politeness and independent thinking; these can help offset the harmful messages and negative social influences that they will encounter in other environments.

One of our chief goals would be to raise our children to be independent thinkers, to make wise, well thought out decisions, to function appropriately without constant adult supervision and to be aware of the power of God’s Spirit within them.

The naturalist, Charles Darwin, made the observation that, “It is not the strongest of the species that survive, nor the most intelligent, but the most responsive to change.” For our children to adapt well to other environments, they need to be well aware that they are responsible for their own wellbeing, that they can’t expect other people to make them happy, satisfied or successful. Their own behaviours and choices will contribute in a large way to their state of being; they need consistency in good parenting to give them the ability to make those good choices and sensible responses.

A comedian once said, “Human beings are the only creatures on earth that allow their children to come back home”. Author uncertain. Maybe our children come back for a refresher course; whilst they were away they realised how good we were at “living life” and wanted to come back for another look, to see how it is done. What a bouquet that would be for us!

**God, our Father,
thank You for the gifts and challenges of
parenthood.**

**Thank You for the opportunity to share our love,
care and faith with our children.**

**Be our guide as we nurture minds, emotions and
spirituality.
Amen.**

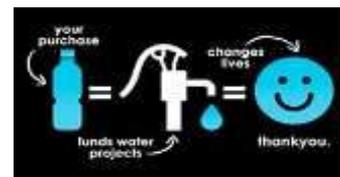
Kid's Corner



On Tuesday 21 March, ten Year 5 GATE students attended the Academic All Stars Day at Whitfords Catholic Primary School. Liwara won the categories:- Games of Strategy, Maths, General Knowledge and were overall winners on the day. Congratulations to the students.

Mrs McGavigan

thankyou.
water



On Tuesday 14 March, Calvin Hart from Thankyou spoke to the Year 4, 5 and 6 students as part of the Inspire Speech Series. The topic was, "Impossibility is only someone's opinion, not a fact"

Thankyou aim to inspire the future generation of world changers to overcome obstacles through persistence and determination and help them believe that anything is possible.

Year 5 Red shared these thoughts from the day:

In Africa it took a child 1/2 a day to collect water. With aid, it now takes a few seconds, as a well has been installed.

4,500 children died a day (2008) from unhygienic water until they introduced the clean water taps.



WELCOME!

LIWARA Catholic Primary School

OUTSIDE SCHOOL HOURS CARE

Hello from the OSHC team,

We are currently taking bookings for the April school holidays. We will be open in the first week from Monday April 10 – Thursday April 13 and will be closed the following week. We will open again for the Pupil Free Day on April 24.

And now there are FOUR! We would like to introduce you to two - yet to be named - members to our OSHC Family. They join 'Goldie' and 'Bubbles' in the new and very large aquarium that was donated to OSHC at the beginning of the school year. The OSHC children and their younger siblings just love to look at the fish.



The OSHC children have also been very creative with coloured streamers. They have enjoyed decorating their names and mixing colours using strips of streamers and then soaking the strips in water from a spray bottle. The children added a self-portrait to their very colourful names. They were so enthusiastic that they have also cover some white paper lanterns using the same creative technique.



We are looking for a donation of a games table for the children at OSHC. Chess is proving to be very popular as a morning activity and it would be great if the children could leave the game setup. If you have one tucked away that you no longer need it would be very much appreciated by OSHC.



Regards,
Gaye Margetic and the OSHC Team





Government of **Western Australia**
Department of **Health**
Child and Adolescent Health Service



FREE PARENTING SEMINARS

You are invited to attend the Triple P Seminar Series. You will learn practical, positive and effective ways to deal with common behavioural problems and ways to help your child achieve their best at school and in the future.

Parents are encouraged to attend all 3 seminars:

- 1. The Power of Positive Parenting*
- 2. Raising Confident Competent Children*
- 3. Raising Resilient Children*

The next **FREE** 3 week Series is held:

When: Term 2 2017
Location: Warwick
RSVP: Bookings are essential and places are limited.



Please register via: <https://www.trybooking.com/PFCQ>
or phone 9400 9551 for more information.

To find other available programs visit our website
www.healthywa.wa.gov.au/Triple_P

Sustainable Living

don't forget to
recycle

Recycling just one plastic bottle **saves** enough **energy** to power a CFL bulb for 30 hours.



do the right thing
use the RIGHT BIN



don't forget to
recycle

Recycling one tonne of paper/cardboard **saves** 30,000 litres of water.



do the right thing
use the RIGHT BIN



don't forget to
recycle

Recycling just one aluminium can **saves** enough **energy** to run a television set for 3 hours.



do the right thing
use the RIGHT BIN



don't forget to
recycle

Recycling just one glass bottle **saves** enough **energy** to power a washing machine for 10 minutes.



do the right thing
use the RIGHT BIN



COMMUNITY NEWS

24:7 YOUTH MINISTRY

ADVENTURE WORLD ANNUAL YOUTH GROUPS TRIP

**SATURDAY 1ST APRIL
11AM TO 5PM**

**TRANSPORT WILL BE AVAILABLE FROM
GREENWOOD, OSBORNE PARK & SOUTH**

**\$40 PER PERSON
PAYABLE VIA CASH OR ELECTRONIC TRANSFER**

**LYNN 0452 413 942
YOUTHMINISTRY247@OUTLOOK.COM.AU**

SIGNED PERMISSION FORM IS REQUIRED

**PAYMENT MUST BE RECEIVED BY MONDAY 26TH
MARCH SO TICKETS CAN BE FINALISED**



**SACRED
HEART
COLLEGE**

Hocking Parade, Sorrento 6020 WA
TEL (08) 9246 8200
FAX (08) 9448 7994
www.sacredheart.wa.edu.au

Save the Date!

2017 REUNIONS

CLASS OF 2012
5 YEAR REUNION - 5 AUGUST

CLASS OF 2007
10 YEAR REUNION - 12 AUGUST

CLASS OF 1997
20 YEAR REUNION - 26 AUGUST

CLASS OF 1987
30 YEAR REUNION - 2 SEPTEMBER

We look forward to welcoming back our Sacred Heart College Sorrento Alumni celebrating special anniversaries this year. To make sure you don't miss out on all the details of the events, please register on our Alumni website alumni.sacredheart.wa.edu.au.

UNIFORM SHOP

NEW OPENING DAY TERM 2

FRIDAYS

**8.00am - 9.15am
AND 2.30pm -3.15pm**

**WE WILL NOT BE OPEN
ON MONDAYS FOR TERM 2.**

Please direct enquiries to
uniformshop@liwara.wa.edu.au

Order Forms available on website
Full payment is required on ordering. Orders will be
dropped off at your child's class on Monday mornings.

Outside School Hours Care

Before & After School Care
Vacations Care
Contact Centre Supervisors

0477 994 123

PLEASE BOOK NOW
TO AVOID DISAPPOINTMENT



Absentee Line

SMS - 0419 915 606
for the absentee line before **9.30am**.

Leave the child's name, class and a brief
description for the absence.

*Please do not reply to the computer generated absentee text
sent to you if your child is not at school. We do not receive it.*



CANTEEN

Contact Helen: 9447 5133